

Welcome



TO THE WALL OF OCCUPATIONS

- 1. Think:** What's one activity that you need, want, or must do?
- 2. Write:** Grab a sticky note & jot it down--big or small!
- 3. Stick:** Add it to the board – celebrate what Occupational Therapy supports!



ConnOTA

Script for the Wall of Occupations

Hi there! Thanks for stopping by!

We're celebrating the power of occupation — all the meaningful activities you need, want, and must do to live your best life.

Please join by grabbing a sticky note, writing down one activity that's essential to your daily life — anything from something you love doing to something you have to do — and posting it on our Wall of Occupations!

It's a fun way to see how much occupation shapes who we are — and it connects directly to what occupational therapy is all about.