



FREE Training for Connecticut Occupational Therapists Available Through September 30, 2025!

Connecticut occupational therapists are invited to participate in **no-cost training** for two evidence-informed programs, funded through the **American Rescue Plan Section 9817 (ARP)**.

All training must be completed **by September 30, 2025**.

More information available at: [CT DSS Provider Bulletin pb2025_02 \(PDF\)](#)

PROGRAM 1: COPE—*Care of Older People in their Environment*

COPE is a strengths-based, person-centered program that improves quality of life for people living with dementia and their caregivers.

What You'll Learn:

- How to reduce environmental stressors
- How to support function in daily life
- How to build caregiver confidence & problem-solving skills

Training Format:

- 10 self-paced online modules
- 1 live virtual session with program developers

PROGRAM 2: Confident Caregiver (*Available after completing COPE*)

Designed for caregivers of older adults living with serious or chronic illness **without** cognitive impairment.

What You'll Learn:

- Practical strategies & disease education
- Emotional support & referral guidance
- Caregiver self-care techniques

Training Format:

- 6 self-paced modules
- 1 group virtual discussion

NEW! Expanded Eligibility

You **do not need** to be contracted with a Home Health Agency (HHA) to start.

Individual occupational therapists may now complete training in advance and become more competitive for future contracts.

How to Register for Training

Email Hye-yeon.RyuKim@ct.gov with the following:

- Full Name
- CT OT License Number
- Organization (if applicable)
- Email & Phone
- Do you work with a Home Health Agency? (Yes/No – if yes, include name of HHA)
- Possible service area(s)

Note: Completion of training does **not** guarantee case assignment.

Questions?

For training-specific inquiries, contact: COPE@drexel.edu