# CONNECTICUT OCCUPATIONAL THERAPY BULLETIN

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NUMBER 1

OUR PRESIDENT EXTENDS HIS FIRST OFFICIAL GREETING TO THE MEMBERS OF THE CONNECTICUT SOCIETY AND SUBMITS ESPECIALLY TO THE WORKING THERAPISTS AMONG THEM, THE FOLLOWING SUMMARY OF HIS THOUGHTS ON THE SUBJECT OF OCCUPATIONAL THERAPY.

"IF you will avoid mediocre results in occupational therapy, or even more important, if you will avoid malpractice in occupational therapy, it is incumbent upon you first to ascertain accurately the existing point of view and state of mind of your patient, the point of view of the physician handling the case and then arrive at some very definite conclusions as to what the point of view and state of mind of your patient should and can become. You should then adopt a technique which will ultimately bring your patient to this goal which you believe he should reach.

"Occupation merely for the purpose of being occupied serves only one purpose and that is socialization of the patient. For purposes of observation only, such socialization is of unquestionable value for a short period of time. With sufficient resourcefulness and study, it is almost always possible to adapt and make purposeful any interesting occupation, though what may be purposeful and constructive to one patient may be occupational malpractice to another. And don't forget, that your therapeutic effort introduced as an avocation or a hobby may be mentally acceptable and constructive, but falls short of this aim if you

introduce it as an occupation. Occupation to many people is synonymous with vocation, and what you have to offer might seem anything but hopeful and constructive if looked upon as indicative of your estimate of the patient's vocational capabilities. While it is possible to create a vocational urge or a vocational interest, it is not within the perview of hospital activities to establish vocational training schools—that step is for the community. Hospitals are for treatment, which is offered in modern institutions in full measure, and no up-to-date hospital at the present time fails to consider the part which occupational activities play.

"There is no universal dose of occupational therapy which will apply to all patients. Occupational therapy will succeed in direct proportion to the ability of the Therapist, and I may say, of the Doctor, to adopt procedures which are tailor-made for the individual patient. I am afraid of mass production in this field.

"Fortunately, with the passing of the amateur in occupational therapy, a tendency to use the product for exhibition purposes has also passed, and instead we are producing the benefitted patient as our product. I will welcome the day when we have some method of showing results other than manufactured articles in which excellency of the workmanship receives the applause."

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Why not fill in your appl Occupational Therapy Assa York City, for a complete of application blank.

### The Registration Plan

The Registration Plan of the American Occupational Therapy Association, the theory of which is to establish a directory of qualified Occupational Therapists with successful experience as a protection from those merely posing as such, has been in progress since early in the year 1931.

From the standpoint of the therapist, the result of this plan is a safeguard against imposters, because her ability as therapist and the extent of her training and experience becomes known to all who may be interested in her services and she may freely assume the dignity of a registrant.

From the standpoint of the hospital and institution employing the therapist, the value of the register is quite obvious. For with the standards as high as they are, and getting higher as time goes on, the employer with every assurance of the recognized ability of the registered therapist, can feel safe in employing that person.

Up to date, there are 475 Registered Therapists, with more and more applications being filled in every day.

There are so far, 15 Registered Therapists and hospitals employing them in Connecticut.

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Why not fill in your application now? Address the American Occupational Therapy Association, 175 Fifth Avenue, New York City, for a complete description of the plan and for an application blank.

#### Special Notice

YOU can help promote the progress of the Occupational Therapy profession. You must have some valuable ideas and opinions which will interest other members of the society, and be of universal value of the public. Set your ideas down in your best literary style and ENTER THE CONTEST TO WIN FIFTY DOLLARS.

The prize is offered by the Neuro-psychiatric Institute and Hospital of the Hartford Retreat, and the rules are as follows:

- 1 Those Eligible: All members of the Connecticut Occupational Therapy Society.
- 2 Subject of Paper: Any phase of Occupational Therapy based upon your own experience, your knowledge of the experience of others, or merely your own idea and vision of the future of Occupational Therapy. Give specific examples of treatment and results.
- 3 Length of Paper: Not more than 1500 words.

Send papers to Miss Kathryn Root, 22 Ardsley Road, Stamford, Conn., not later than September 1, 1933. The Committee of Judges, presided over by Miss Root, will be selected from the Advisory Board. Th

- 1 Originality.
- 2 Educational value
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- 3 Constructiveness of

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President, [ Neuro-Psychic

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from the Advisory Board. The papers will be judged according to:

- 1 Originality.
- 2 Educational value to the public and employer of Occupational Therapists.
- 3 Constructiveness of the suggestions contained.

The three best papers will be presented at the next annual meeting, and the prize winner published in the autumn bulletin.

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