

IF YOU SEE SOMETHING, SAY SOMETHING.

EVERYDAY ADVOCACY HELPS STRENGTHEN OUR PROFESSION AND IMPROVE CARE.

1. SEE SOMETHING

Notice a barrier to care or to OT practice.



Examples:

- Denial of a service by an insurance company
- Pushback from a supervisor
- Confusing or outdated regulations
- Barriers for clients to access OT

2. SAY SOMETHING

Share what you're seeing in a professional and collaborative way.



How to get involved:

- Share your experience or concerns with ConnOTA
- Provide specific examples
- Offer input on emerging issues
- Participate in surveys, meetings, or advocacy opportunities

3. WE WORK TOGETHER

ConnOTA uses member input to identify patterns, engage stakeholders, and advocate for change.



Your input helps:

- Identify widespread issues
- Inform policy priorities
- Engage with legislators, regulators, and other stakeholders
- Drive statewide advocacy efforts

4. REAL CHANGE HAPPENS

Your voice can lead to policy changes that remove barriers, strengthen our profession, and improve access to care.



Results can include:

- Updated laws and regulations
- Fewer barriers to practice
- Expanded access to OT services
- Better outcomes for the people we serve

A REAL EXAMPLE: MODERNIZING CONNECTICUT'S OT PRACTICE ACT



OT practitioners in CT experienced pushback from supervisors and insurance companies due to the lack of detail in our current Practice Act.



ConnOTA used this input to advocate for change.



This led to the initiative to modernize Connecticut's Practice Act, which will benefit all CT practitioners and those we serve.



YOUR PERSPECTIVE MATTERS. SMALL ACTIONS LEAD TO BIG IMPACTS.