

!! OCCUPATIONAL THERAPY

**WE BREAK DOWN OCCUPATIONAL BARRIERS, PROMOTE OCCUPATIONAL JUSTICE,
& WORK WITH ALL FOR A BETTER TOMORROW... A TOMORROW WHERE EVERYONE
CAN PARTICIPATE IN THEIR DESIRED & MEANINGFUL OCCUPATIONS**

SELF CARE

- Personal groomer
- Dresser
- Mealtime enjoyer
- Self caretaker

REST & SLEEP

- Relaxer
- Sleep preparer
- Sleeper
- Rejuvenator

WORK

- Doer
- Thinker
- Maker
- Volunteer
- Employee

EDUCATION

- Learner
- Participant
- Performer
- Goal setter
- Self-reflector

SOCIAL PARTICIPATION

- Friend
- Community member
- Family member
- Partner
- Group participant

DAILY LIVING

- Money manager
- House cleaner
- Cook
- Driver
- Pet caretaker
- Shopper

HEALTH MANAGEMENT

- Health promoter
- Communicator with health care system
- Personal medication manager
- Exerciser
- Nutrition planner

PLAY & LEISURE

- Explorer
- Participant
- Initiator
- Sharer
- Competitor